

Loft Underground  
**Crave - Week Six**  
**Freedom**

**In this final week of Crave, the loft talks about freedom. There is a victory over what we crave, and the promise of that victory is often what keeps us going. One day, each of us can win. We look at that promise Jesus Christ gives us this week.**

**Jesus Sent to Set People Free**

**Take a look at Luke 4: 17-21**

The scroll of the prophet Isaiah was handed to him. Unrolling it, he found the place where it is written:

“The Spirit of the Lord is on me, because he has anointed me to preach good news to the poor. He has sent me to proclaim freedom for the prisoners and recovery of sight for the blind, to release the oppressed, to proclaim the year of the Lord’s favor.”

Then he rolled up the scroll, gave it back to the attendant and sat down. The eyes of everyone in the synagogue were fastened on him, and he began by saying to them, “Today this scripture is fulfilled in your hearing.”

What does Jesus offer and to whom does He offer it?

In a sense, this passage describes what Jesus craves to do – where are you in craving the kind of mission Jesus craves?

Choose a part of the above passage – how could you live out those words and what would that look like in your life?

## Freedom Freely Given

**God gives freely! Jesus coming to set us free is an act of God's grace.**

**Write your reflections on the Bible passages below about how God freely gives us a chance to be set free.**

- Psalm 119:45
  
- Proverbs 11:24
  
- Matthew 10: 5-8
  
- 2 Timothy 1: 7-11

## A Ministry Out of Brokenness

**God works to set us free from what we crave. Often, however, one's life can become a mission to reach those who currently suffer similar pains or trials. Read the passage below, focusing on what it is to be 'broken' and 'blessed'.**

While they were eating, Jesus took bread, gave thanks and broke it, and gave it to his disciples, saying, "Take and eat; this is my body." Then he took the cup, gave thanks and offered it to them, saying, "Drink from it, all of you; this is my blood of the covenant, which is poured out for many for the forgiveness of sins.

– Matthew 26: 26-28

How was Jesus broken and then made a blessing?

How have you been broken and made a blessing?

**As we finish the series, what are your final thoughts about Crave?  
As always, feel free to share those by emailing the loft – (anixon@loftchurch.com)**